

What makes you tick?



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Your career direction is usually the result of a range of different factors and decisions coming together. Qualifications, training and experience are important but understanding your personal qualities, outlook and preferences can really help you find a good job fit.



TASK

Watch a video at www.icould.com

- Working on your own – answer the questions below *or*
- Working in pairs or small groups – cut out the cards below and place face down in a pile. Take turns to take a card and answer the question. Carry on until all cards have been used.



Was there a turning point for this person?	Why is this person's personality suited to their job?
What inspired this person to try for this type of work?	How much effort did this person have to make to get this type of job?
What does this person find exciting about this role?	Name three good things and three bad things about working in this industry.
Imagine this person lost their job tomorrow. What could s/he do next?	What kind of lifestyle do you think this person has? (working hours, social life etc.)
Have there been any ups and downs in this person's career so far?	Do any aspects of this person's job appeal to you?